



I'm Sick and Tired of Being Sick and Tired: Six Keys to Health and Wellness

Dr. Kerry L. Johnson

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I'm Sick and Tired of Being Sick and Tired: Six Keys to Health and Wellness Dr. Kerry L. Johnson
Dr. Kerry Johnson was named one of “America’s Top Chiropractors” by the Consumers’ Research Council of America, 2004. Americans are turning to holistic and alternative medicine in droves, spending millions searching for miracle cures to improve health and vitality. We’ve seen the dangers of pharmaceuticals, but are these holistic alternatives any safer? Can holistic doctors and other healers be trusted? Dr. Kerry offers in-depth understanding of the role of body, soul and spirit in health and wellness.

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