



# The Ex-Wives' Guide to Divorce: How to Navigate Everything from Heartache and Finances to Child Custody

*Holiday Miller, Valerie Shepherd*

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Witnessing a woman go through divorce is like watching a tornado tear up a trailer park. Not only is someone losing their home and life as they know it, but for most women, it seems to go down with some extra drama thrown in the mix. This is where the advice of authors, Holiday Sanford and Valerie Shepherd, two experts in all things divorce, comes in handy. Their unique friendship began after they had both married and divorced the same man! The Ex Wives' Guide to Divorce was born from this friendship with the goal to ease women's fears, save them money, and give them a road map of what lies ahead. It will motivate women to get their head out of the sand and build their future dream sand castle by themselves, sans Prince Charming.

Divorce is painful, heartbreaking, and pretty miserable for everyone involved. While men tend to champion the process, most women collapse and become emotionally distracted. Sanford and Shepherd's experience is while the husband is gathering ammunition with his high paid attorney; the wife is frantic and disorganized—most likely spending her energy on the phone with her best friend or sister, instead of preparing herself for the battle ahead.

This helpful guide teaches women how to manage the “business of divorce” in a focused, realistic, and organized manner. Sanford and Shepherd aren't lawyers or psychologist, but they've experienced the process first hand and offer advice on how to build a support system and come out ahead. This book charges women to “put their big girl panties on” and maintain a tenacious spirit while preparing and organizing for their divorce.

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