



# The Professional Counselor: A Process Guide to Helping

*Harold Hackney L. Sherilyn Cormier*

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# The Professional Counselor: A Process Guide to Helping

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**The Professional Counselor: A Process Guide to Helping** Harold Hackney L. Sherilyn Cormier his text presents the beginning counselor with the counseling skills, interventions and strategies for conceptualizing theoretically, planning therapy for change, and developing a means for self-assessment. Provides readers with the skills necessary to be an effective counselor. In this Fifth Edition, new sections have been added that address counseling consultation and peer supervision issues and how specific counseling skills are utilized in these roles. The authors have maintained the basic organization of the text beginning with an overview of the stages of counseling, specific goals and interventions for each stage, and including chapters on affective, behavioral, cognitive and systemic interventions, and termination. Counseling, SW and other Helping Professions students and professionals.

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