



# Teoria Y Practica DEL Shiatsu. El Precio Es En Dolares.

*CAROLA BERESFORD-COOKE*

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## Teoria Y Practica DEL Shiatsu. El Precio Es En Dolares. CAROLA BERESFORD-COOKE

Este libro totalmente ilustrado proporciona una guía clara y completa sobre la teoría y práctica del Shiatsu. Entre las áreas clave tratadas en él se incluyen: á Las tres fuentes principales de la teoría del Shiatsu: la teoría de los cinco Elementos, la Medicina tradicional China y el Shiatsu, así como su aplicación conjunta en la práctica. á La historia de la relación entre el Shiatsu y la acupuntura. á Métodos sencillos y corrientes para el tratamiento en cuatro posturas. á Descripciones de las distintas técnicas y tipos de tacto empleados en los tratamientos. á La teoría con referencias exhaustivas sobre las funciones y sintomatología de todos los meridianos. á Localización detallada y técnicas de tratamiento de todos los meridianos á Historias de casos donde se muestra la aplicación real de la teoría en la práctica. El texto se acompaña de numerosas fotografías y dibujos detallados en los que se muestran con claridad las localizaciones de los meridianos. Se trata de una guía general para estudiantes, profesores y practicantes del Shiatsu, así como una fuente de información útil para estudiantes y profesores de terapias manuales, pues proporciona: á Un compañero de estudio, desde el nivel de principiante hasta el avanzado. á Una ayuda para establecer un diagnóstico preciso y aplicar el tratamiento en varios pasos. á Un respaldo para las prácticas clínicas donde se hacen sugerencias para centrar el tratamiento. Carola Beresford-Cooke es una famosa profesora de Shiatsu con muchos años de experiencia profesional.

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