



Black Beans and Lamb, Poached Eggs and Ham: What Is in the Meat and Beans Group? (Food Is CATEgorical)

Brian P Cleary

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What is in the meat and beans group? Hamburgers, turkey, tuna, peanuts, and much more. Brian P. Clearys goofy verse and Martin Goneaus humorous illustrations give young readers oodles of examples from the meat and beans group and highlight some of their health benefits. Names of foods in this group are printed in color for easy identification. Enjoy this tasty treat of a book!

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