



# Never Lose Your Swagger: How To Become A Better Man

*Dr. J'Ramando Horton*

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Manhood is changing. It's as simple, and as complicated, as that. Masculinity has been constructed over the last century almost entirely around the idea of men as providers and protectors and frankly, women don't need that any more. Already in at least a dozen major metropolitan areas, women earn on average more than men. Women are waiting longer to get married and are more often the initiators of divorce. With their own incomes, they can afford to be pickier about their spouses, both going into marriage and when deciding whether to continue their relationships. This has all happened in the context of larger social changes that have eliminated a great many jobs that were traditionally the sole province of men – the manufacturing and heavy labor jobs that relied on a powerful physique and a kind of working class swagger; most of which have been either automated or off-shored. At the same time, a new knowledge economy has sprung up, privileging communication, creativity, and self-motivation over brawn and emotional control. While there's no inherent reason why women should do better in these emerging businesses than men, the fact is that men have largely given over the field while wasting time twiddling our thumbs over the loss of jobs where “men could be men”. Basically, instead of learning how to be men in a changing world, we've been boys, dragged kicking and screaming into a world where women are increasingly equal players in all aspects of business and life. Emphasis on “kicking”; instead of figuring out how to do this new thing, we've focused most of our energy on simply emphasizing the characteristics that traditionally defined masculinity, namely toughness and physical brawn. Never lose your swagger was written to help you recover your masculinity in a world that leaves you unsure of your role in it as a man. If you're at all interested in reclaiming your manhood and all the benefits that go along with it, get this book now.

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