



Organic Housekeeping: In Which the Non-Toxic Avenger Shows You How to Improve Your Health and That of Your Family, While You Save Time, Money, and, Perhaps, Your Sanity

Ellen Sandbeck

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Longing for a kinder, gentler world? As the old saying goes, everything begins at home, and odds are, if you live in the all-American household, the air inside is more toxic than the air outside, even if you live in the most polluted of cities. You regularly handle the filthiest object in your home -- the kitchen sponge -- and put the same chemicals on your face that are used in brake fluid and antifreeze.

The cleaning agents and personal care products commonly marketed to and used in American homes contain not only some very dangerous, toxic chemicals, but they also create an "overly clean," chemically bombed-out house that compromises immune systems. And with more than fifty million Americans suffering from allergies and other autoimmune diseases -- not to mention the developing and fragile immune systems of children and seniors -- large numbers of people are actually being made sicker and sicker by their homes.

Learn to live a clean, healthy, more economical way with Ellen Sandbeck, the nontoxic avenger. In this must-have book for the twenty-first-century home, this passionate, witty advocate of all things organic will teach you how to maintain every part of the home -- from living room to septic tank, kitchen floor to bathroom sink -- using safe, simple cleansers and quick preventative measures as well as the most effective organic products on the market to get the job done.

Learn time-saving, preventative housekeeping, such as taking thirty seconds to clean the shower while you shower. Take care of bathroom stains with baking soda and vinegar rather than commercial, toxic bathroom "bombs" peddled to you with such force by manufacturers. Need whiter whites? There is no bleaching power on earth stronger than the sun. Snow clean your fine rugs. Choose fruits and vegetables from the relatively pesticide residue-free list. Clean felt-tipped pen stains with vodka. Make furniture shine with olive oil and lemon. Your house will also smell as great as it looks.

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Anthony Vice:

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Playing with family inside a park, coming to see the water world or hanging out with buddies is thing that usually you may have done when you have spare time, and then why you don't try thing that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Organic Housekeeping: In Which the Non-Toxic Avenger Shows You How to Improve Your Health and That of Your Family, While You Save Time, Money, and, Perhaps, Your Sanity, you can enjoy both. It is good combination right, you still desire to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't buy it, oh come on its named reading friends.

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