



# **Nailed!: The Improbable Rise and Spectacular Fall of Lenny Dykstra**

*Christopher Frankie*

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*Nailed!* is a dramatic biography of Lenny Dykstra—the heroic center fielder for the New York Mets and Philadelphia Phillies in the '80s and '90s whose gritty play earned him the nickname “Nails.” Dykstra’s unlikely post-baseball rise in the business world is a success story that is only matched by the sordid tale of his ultimate downfall.

From famously receiving financial guru Jim Cramer’s ringing endorsement as “one of the best” stock prognosticators, to hanging out with Charlie Sheen and numerous prostitutes, to holding court in his \$15 million California home, Dykstra lived a highflying lifestyle. He was the toast of the business world before his litany of crimes were detected and his empire began to unravel in 2009, leading to a conviction and prison sentence in 2012 with more charges pending.

Through compelling storytelling supported by extensive research and documentation—including interviews with many of Dykstra’s friends, family, and business associates—*Nailed!* Peels back the layers to reveal that the criminal charges of grand theft auto, identity theft, vandalism, lewd behavior, sexual assault, are just the tip of the iceberg. This is an engaging read of a sports and business hero gone bad.

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