



More What Works When with Children and Adolescents: A Handbook of Individual Counseling Techniques (Book and CD)

Dr. Ann Vernon

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More What Works When with Children and Adolescents is a companion manual to the author's best selling, What Works When with Children and Adolescents. This second volume provides additional creative counseling strategies, expanded coverage of developmental applications, and over 80 entirely new interventions designed to help students understand the connection between thoughts, feelings, and behaviors. Activities include games, imagery, art and music activities, bibliotherapy, experiential activities, behavioral rehearsal, and more. The book contains numerous reproducible worksheets, checklists, and illustrations. More What Works When with Children and Adolescents is based on the principles of Rational Emotive Behavior Therapy (REBT) a short-term, problem-solving approach that is particularly useful in school settings.

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