



Aggression Replacement Training: A Comprehensive Intervention for Aggressive Youth, Third Edition (Revised and Expanded)(CD included)

Dr. Barry Glick, Dr. John C. Gibbs

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This is a newly-revised and expanded edition of the groundbreaking program originally developed by Dr. Arnold P. Goldstein and Dr. Barry Glick. Aggression Replacement Training ART offers a powerful intervention for teaching at-risk youth to understand and replace aggression and antisocial behavior with positive alternatives. Includes user-friendly session-by-session guidelines for implementation. The book provides a coordinated, three-part training approach: Prosocial Skills, Anger Control and Moral Reasoning for grades 6 to 12. The authors address trainee motivation and resistance, enhancing performance generalization, and recent applications in schools and other settings. Appendixes include guidelines, checklists, moral reasoning problem situations, and summaries of outcome evaluations. The accompanying CD provides PDFs of all the reproducible forms and student handouts.

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