



# Helping Students Overcome Substance Abuse: Effective Practices for Prevention and Intervention (Guilford Practical Intervention in the Schools)

*Jason J. Burrow-Sanchez PhD, Leanne S. Hawken PhD*

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## **Helping Students Overcome Substance Abuse: Effective Practices for Prevention and Intervention (Guilford Practical Intervention in the Schools)** Jason J. Burrow-Sanchez PhD, Leanne S. Hawken PhD

Unique in its coverage of both prevention and intervention, this book provides evidence-based strategies and ready-to-use tools for addressing substance abuse in middle and high school settings. Readers learn ways to identify students at risk and implement programs that meet a broad continuum of needs--from psychoeducational and support groups to individual intervention and referral to community services. Also provided is up-to-date information on the nature of adolescent substance abuse problems, their prevalence, and how they develop. Clearly organized and accessible, the book is designed for optimal practical utility. Special features include illustrative case examples, resources, and reproducible worksheets and forms.

This book is in The Guilford Practical Intervention in the Schools Series.

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