



Laughter, Tears and Braids: A father's journey through losing his wife to cancer

Bruce Ham

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Within six months, an aggressive cancer killed Lisa Ham, a Raleigh, North Carolina mom at the young age of 39. Her husband, Bruce, was left scrambling to pick up the pieces of their life, while maneuvering the world with a broken heart. The responsibilities of being a single father to his three active daughters were overwhelming. Bruce wrestled with his faith and questioned his ability to parent competently without Lisa by his side. But slowly, his wife's tough spirit inspired Bruce to shape his new normal and to find inner peace and laughter again. Along his personal journey, he became his girls' confidante, while mastering hair dryers, shopping trips, tights and braids.



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