

## Treasures from the Center: The Ancient Cure For Negative Thinking

Carolyn S. Davis



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You Found It! "The ancient cure that can assist you when negativity affects you. You will feel elevated and happy after reading this book" Do the following phrases sound familiar? "What was I thinking" "They went off or blew up" "I wish I didn't say that or do that" "Think before you speak" "If you can't say anything good, don't say anything at all" "I am getting a bad vibe, negative energy" "That was inappropriate" "Look before you leap" "He or she is being negative" "After your negative words are spoken, you realize the problem is you" "I want to stop thinking about it" "Stop, Look, Listen" "That was rude or disrespectful" "It hurt their feelings" Discover a new perspective for handling these types of situations. Sometimes human interaction requires more humility, thought and care. It is comforting to know the spiritual treasure chest is available to help support and guide us through challenges and opportunities. Consider the ancient cure for negative thinking whether you are within your own personal thoughts, responding to a provocative situation, involved in a live conversation or before using social media. Treasures from the Center explores the contents of the spiritual treasure chest where the ancient cure resides.

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