



# The EQ Difference: A Powerful Plan for Putting Emotional Intelligence to Work

*Adele B. Lynn*

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Co-published with SHRM.

Emotional Intelligence (EI) is a strong indicator of individual, team, and organizational success. But stocking up on emotionally intelligent employees isn't enough: you need a concrete plan for putting this valuable resource to work. The EQ Difference offers an array of self-assessment tools and team-focused exercises that will help increase and leverage emotional intelligence both in individuals and in groups. It's filled with practical tips and suggestions for developing your own "emotional quotient," as well as that of your peers, employees, and even senior executives.

Featuring real workplace examples, Letters to Leaders, and excerpts from actual performance reviews that show the positive impact of EI in a variety of environments, The EQ Difference will help your organization achieve greater productivity, higher morale, and better employee retention -- all keys to stronger bottom line results.



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Spent a free time and energy to be fun activity to try and do! A lot of people spent their leisure time with their family, or their friends. Usually they accomplishing activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Could possibly be reading a book is usually option to fill your totally free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to test look for book, may be the reserve untitled The EQ Difference: A Powerful Plan for Putting Emotional Intelligence to Work can be fine book to read. May be it can be best activity to you.

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