



Speak Ericksonian: Mastering the Hypnotic Methods of Milton Erickson

Richard Nongard, James Hazlerig

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This book holds the keys to Ericksonian approaches to hypnotherapy, and they unlock how to apply the solution oriented strategies of Milton Erickson, M.D. to a modern application of his ideas. This book will teach you how to tap into the treasure trove of resources Milton Erickson left us through his writings, case studies, and books.

Milton Erickson, M.D. pioneered medical hypnotherapy and the use of clinical hypnosis to produce rapid change. By understanding the theory and practical techniques of his approach you can produce the same rapid results with your clients.

The book provides scripts, resources, and a clear understanding of what Ericksonian hypnotherapy is all about. You will learn the language patterns that create the foundation for conversational hypnosis, indirect suggestion, and the creation of sensorial experiences. After you read this book and complete the exercises, you will be able to "speak Ericksonian" fluently. This book is a practical guide and an instructional manual that will lead you into success.



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