



Juicing for Weight Loss: How to Lose 14 Pounds in 7 Days with Juice! (Health Books)

Kira Braun

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Are you trying to lose weight fast? Does the idea of staying the same size make you retch? Well, this book is perfect for you then! This book contains the fastest weight loss cleanse you can use. You can lose up to 14 pounds in a week with this amazing diet. It's the juicing diet, and it works in an interesting way to help you lose weight. Juicing is a fun diet, and not only are you losing weight in a way you've probably never tried before, but you're also providing your body with nutrients that many times people don't put in the body. It will also detoxify the system and help you become healthier, not just by helping you lose weight but also by getting rid of toxins in the system that can otherwise hurt you.

Here Is A Preview Of What You'll Learn...

- The Need to Harness Your Opponents
- What is Juicing for weight loss?
- The Benefits of Juicing
- How to Get Started loss weight with juice NOW!
- The Seven-Day Juicing Cleanse and Recipes to Go with This!

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